

2020

RICE IS NICE YOUTH COOKING CONTEST





Rice is Nice Youth Cooking Contest

P.O. Box 31 | Little Rock, AR 72203

Arkansas Farm Bureau is proud to announce creation of the Rice is Nice Youth Cooking Contest. Arkansas produces just under 50% of the nation's rice each year, and this contest is designed to introduce budding chefs to rice as a crop and as a versatile diet staple.

Students aged 9-18 or in the 4th through 12th grades as of January 1, 2020, and living in Arkansas may enter. Home-schooled students are welcome to enter.

Contestants will compete in one of two categories: **Main Dish** and **Party Ideas**. Each county may enter one recipe in each of the two categories. Counties may select their entries into the state contest either by holding a county cook-off or by selecting winners based upon their written recipe. Each contestant must agree to participate in the state contest if they are selected by the judges to compete in the finals. Arkansas Farm Bureau will provide prizes for county winners.

The top three contestants in each category will be selected by the state judges to participate in the state contest, to be held on July 21, 2020.

Full contest details and rules are enclosed. Please contact Brandy Carroll at 501.228.1268 or brandy.carroll@arfb.com with questions.

Rice is Nice Youth Cooking Contest Official Rules

1. The Rice is Nice Youth Cooking Contest is sponsored by the Arkansas Farm Bureau Federation.
2. The contest will be divided into two categories: Main Dish and Party Ideas
3. Each Arkansas county may enter one recipe in each category.
4. Each entrant must be:
 - A. 9-18 and in the 4th-12th grade as of January 1, 2020. Homeschooled students are eligible to participate.
 - B. Certified by the county Farm Bureau or by the county Extension agent.
 - C. Willing to participate in the state cook-off if their recipe is selected for the finals.
 - D. In future years, former first place winners in a category will not be eligible for competition in that category, but may enter the other category.
5. County winners may be selected in a manner deemed most suitable to each county.
6. An adult chaperone must accompany each contestant to the state cook-off. County sponsors are responsible for contestant and adult chaperone transportation to and from the state cook-off in Little Rock.
7. Entries will be judged on the following categories according to the rubric included in the booklet.
 - A. The importance of rice in the dish—entrants may use long or medium grain white or brown U.S. grown rice, or U.S. grown aromatic rice. Riced vegetables and other rice pretenders will not be accepted.
 - B. The ready availability of the ingredients.
 - C. Accuracy of the recipe (including exact measurements, preparation instructions, ingredient list in order of usage, correct temperature and cooking time, including their preferred method of cooking the rice in the dish)
 - D. Neatness and tidiness of work area—it is your responsibility to clean up after yourself and to take or dispose of any leftovers from your cooking.
 - E. Correct preparation and craftsmanship—correct basic preparation of food, practical preparation methods, punctual delivery of each entry at the appointed time is required.
 - F. Presentation of the Dish—Tell the judges what you cooked, why you like it, how it features rice and how rice improves the dish.
 - G. Taste—dish should have appropriate taste, seasoning, quality, flavor, and serving temperature. Rice should be well-prepared.
 - H. Enhancement of dish by rice—is rice the highlight or main ingredient of the dish?
 - I. Degree of difficulty and creativity—Technique and creativity involved in the production of the dish.
 - J. Serving methods and portions—Simple, clean and careful serving. Plate and platter arrangement that makes for practical serving are considered for bonus points.
8. The top 3 winners in each category will prepare and serve their recipe at the state contest July 21, 2020, in Little Rock.
9. Each contestant must follow the recipe they entered in the contest.
10. Each contestant is responsible for the ingredients and equipment necessary for preparing and serving the recipe. If you will have leftovers, please bring travel containers to take them with you when you leave or be prepared to dispose of them. No food is to be left by any contestant. Stoves and ovens will be provided. Students may cook rice on a stove top or may bring a rice cooker.
11. Prizes will be awarded in each category as follows: First place, \$150; Second place, \$100; Third place \$50.
12. All recipes and entries become the property of Arkansas Farm Bureau and may be used by them in any manner.
13. The decision of the judges is final.

OFFICIAL 2020 ENTRY FORM
ARKANSAS RICE IS NICE CONTEST
PLEASE PRINT ALL INFORMATION CLEARLY

Date: _____

CONTEST DIVISION: ☐ Main Dish ☐ Party Idea

Name: _____

Age: _____ County: _____

Address: _____

City: _____ State: _____ Zip: _____

Parent's Names: _____

School/Group: _____

Address: _____

City: _____ State: _____ Zip: _____

Contact Name: _____ Phone Number: _____

All Questions Should be Answered

Name of Recipe: _____

Have you prepared the recipe before? _____ If so, for how many people? _____

What were some of the groups? _____

Source of recipe: _____

Please answer the following with 50 words or less:

Why I like my recipe: _____

Describe the occasion and other menu items you would serve with this recipe: _____

CERTIFICATION

(By County Rice Committee or Extension Agent)

I certify on behalf of _____ (contestant) that this is the official entry of
_____ County in the _____ Division for the 2020 Rice is Nice Cooking Contest.

Print Name: _____ Signed: _____

Address: _____

Phone: _____ Email: _____

Note: Certification must be completed on entries submitted for the State Rice is Nice Cooking Contest.

Mail Entry to: Arkansas Farm Bureau, Attn: Brandy Carroll, PO Box 31, Little Rock, AR 72203.

Email Entry to: brandy.carroll@arfb.com

DO NOT FORGET: Please attach a copy of your recipe (written or typed) on a single sheet of paper with your name and address at the top. DEADLINE FOR ENTRY IS: JUNE 15, 2020

ARKANSAS RICE IS NICE SCORE SHEET

Date: _____

Entry No.: _____

Judge: _____

Scoring Points	Possible Score	Score
Ready Availability of Ingredients	10	
Clearness and Accuracy of Recipe	10	
Neatness & Tidiness of Work Area	10	
Correct Preparation & Craftsmanship	10	
Presentation & Layout of Dish	10	
Taste	10	
Serving Suggestions and Other Ideas on Entry Blank	20	
Enhancement of Recipe by Use of Rice	10	
Degree of Difficulty & Creativity		
Total Score	100	
Bonus: Serving Technique	5	

General Comments:

ORDER FORM

RICE IS NICE COUNTY PRIZES

Please mail this page, or email the following information to:

Brandy Carroll

Arkansas Farm Bureau Federation

P.O. Box 31

Little Rock, AR 72203

Email: Brandy.carroll@arfb.com

Voice: 501-228-1268

_____ Yes, my county will conduct a Rice is Nice Youth Cooking Contest!
Please send two county prizes.

Name: _____

Title: _____

Street: _____

City: _____ County: _____

ZIP code: _____ Signature: _____

